

|  |  |  |  |
| --- | --- | --- | --- |
|  | |  |  | | --- | --- | |  | Fountains CE Primary School  Grantley  Ripon  HG4 3PJ  Telephone: 01765 620631  Email: [office@gfschools.co.uk](mailto:office@gfschools.co.uk)  Head Teacher: Mrs P Acheson  June 2020  Dear Parents  **Re: School Meals**  Please find attached the menu for school meals for next term. Please complete the choices for your child and return to school as soon as possible and by Friday 10th July at the latest. As the cook orders and prepares the exact number of meals based on the menu choices you make, it is important that you return your menu by this date.  **We would remind you that children who are currently in Year 2 moving into Year 3 the Universal Infant Free School Meals (UIFSM) cease and all school meals are to be paid for. The current child meal price is £2.60 per day, £13.00 per week payable by ParentPay.**  If your child would prefer to have a Jacket Potato or pasta as an alternative to the main meal offered, please indicate this on the menu choices sheet. Your child can only have a **maximum of 2 jacket potato/pasta** options per week to ensure we are complying with a healthy balanced diet.  We are happy for children to mix and match if they would prefer to bring a packed lunch from home on some days, unfortunately however once orders are made, these need to be for the **full term**. If your child chooses to bring a packed lunch when they have ordered a school meal, these will still be charged to parents as the food orders will already have been made to the suppliers.  The weeks that each menu is served are given at the top of the menu. A copy of this menu will also be available throughout the Autumn Term on our school website:  If we do not receive a menu from you by Friday 10th July, it will be assumed that your child will be bringing in a packed lunch from home and a school meal will not be available for them.  Yours sincerely  Joanne Mallinson  Office Manager | |

[](https://www.google.co.uk/imgres?imgurl=https://primarysite-prod.s3.amazonaws.com/uploads/19ce4cd1f74a49e3a10acd181d252b0e/ef86/logo.jpg&imgrefurl=http://www.thorn.lancs.sch.uk/school-games-gold-mark/&docid=IZf2nzsdeCyVOM&tbnid=CFgt1izxHLcUyM:&w=1280&h=1280&ei=vaT2VauXEYSsa7CKkLAP&ved=0CAIQxiAwAGoVChMI6-nk2av2xwIVBNYaCh0wBQT2&iact=c&ictx=1)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Autumn 2020 Menu | | | |  |
|  | **WEEK 1**  7th September  28th September  19th October  23rd November  14th December | **WEEK 2**  14th September  5th October  2nd November  30th November | **WEEK 3**  21st September  12th October  16th November  7th December | |
| **M**  **O**  **N**  **D**  **A**  **Y** | Chicken Korma & Rice  Cauliflower & Green Beans  Naan Bread  \*\*\*\*\*  Fresh Fruit  Fruit Yoghurt | Minced Beef Hot Pot  Broccoli & Carrots  Herbie Bread  \*\*\*\*\*  Fresh Fruit Platter  Yoghurt | Cheese & Tomato Pizza  Diced Potatoes  Peas & Sweetcorn  Pitta Bread  \*\*\*\*  Cheese & Crackers with fruit,  Fresh Fruit  Yoghurt | |
| **T**  **U**  **E**  **S**  **D**  **A**  **Y** | Sausage, Mash & Onion Gravy  Carrots & Broccoli  50/50 Bread  \*\*\*\*  Crunchy Apple Crumble with Custard  Fresh Fruit  Fruit Yoghurt | Veggie Lentil Curry & Rice  Peas & Cauliflower  Naan Bread  \*\*\*\*  Chocolate Orange Pudding & Chocolate Sauce  Fresh Fruit  Fruit Yoghurt | Tuna & Sweetcorn Pasta Bake  Potato Wedges  Carrots & Broccoli  Sunflower Seed Bread  \*\*\*\*\*  Rice Pudding with Peaches  Fresh Fruit  Yoghurt | |
| **W**  **E**  **D**  **N**  **E**  **S**  **D**  **A**  **Y** | Roast Beef & Yorkshire Pudding with Creamy Mash  Carrots & Peas  Sliced Wholemeal Bread  \*\*\*\*\*  Cheese, Crackers & Apple  Fresh Fruit  Yoghurt | Roast Chicken with sage & Onion Stuffing  Roast Potatoes  Green Beans & Roast Parsnips  Wholemeal Bread  \*\*\*\*\*\*  Fresh Fruit  Yoghurt | Pork & Apple Roll  ½ Jacket Potato  Medley of Vegetables  Crusty Bread  \*\*\*\*  Fresh Fruit  Yoghurt | |
| **T**  **H**  **U**  **R**  **S**  **D**  **A**  **Y** | Creamy Chicken & Broccoli Pasta  Green Beans & Sweetcorn  Crusty Bread  \*\*\*\*\*  Fruity Jam Roly Poly & Custard  Fresh Fruit  Organic Yoghurt | Pork Meatballs in Tomato Sauce & Pasta  Spring Cabbage & Sweetcorn  \*\*\*  Raspberry Bun & Cheese  Fresh Fruit  Fruit Yoghurt | Lasagne  Diced Potatoes  Crunchy Veg Sticks  \*\*\*\*\*  Fruity Gingerbread & Custard  Fresh Fruit  Fruit Yoghurt | |
| **F**  **R**  **I**  **D**  **A**  **Y** | Fish Fingers  Baked Beans  Chipped Potatoes  Tomato Bread  \*\*\*\*  Fresh Fruit Salad  Fresh Fruit  Yoghurt | Crunchy Salmon Nibbles  Potato Wedges  Broccoli & Carrots  Pumpkin Seed Bread  \*\*\*\*\*  Fresh Fruit  Fruit Yoghurt | Crispy Battered Fish  & Chipped Potatoes  Green Beans & Sweetcorn  HM White Bread  \*\*\*\*\*  Fresh Fruit  Fruit Yoghurt | |

**Name of child: …………………………………………..**

**REMINDER: MAX OF 2 JACKET POTATOES / PASTA PER WEEK**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **WEEK 1**  7th September  28th September  19th October  23rd November  14th December | | **WEEK 2**  14th September  5th October  2nd November  30th November | | **WEEK 3**  21st September  12th October  16th November  7th December | |
| **Monday** | Hot option |  | Hot option |  | Hot option |  |
| Jacket Potato |  | Jacket Potato |  | Jacket Potato |  |
| Pasta |  | Pasta |  | Pasta |  |
| Dessert option |  | Dessert option |  | Dessert option |  |
| **Tuesday** | Hot option |  | Hot option |  | Hot option |  |
| Jacket Potato |  | Jacket Potato |  | Jacket Potato |  |
| Pasta |  | Pasta |  | Pasta |  |
| Dessert option |  | Dessert option |  | Dessert option |  |
| **Wednesday** | Hot option |  | Hot option |  | Hot option |  |
| Jacket Potato |  | Jacket Potato |  | Jacket Potato |  |
| Pasta |  | Pasta |  | Pasta |  |
| Dessert option |  | Dessert option |  | Dessert option |  |
| **Thursday** | Hot option |  | Hot option |  | Hot option |  |
| Jacket Potato |  | Jacket Potato |  | Jacket Potato |  |
| Pasta |  | Pasta |  | Pasta |  |
| Dessert option |  | Dessert option |  | Dessert option |  |
| **Friday** | Hot option |  | Hot option |  | Hot option |  |
| Jacket Potato |  | Jacket Potato |  | Jacket Potato |  |
| Pasta |  | Pasta |  | Pasta |  |
| Dessert option |  | Dessert option |  | Dessert option |  |

**If your child has chosen a Jacket Potato, please complete the form below to indicate their choice.**

|  |
| --- |
| **Jacket Potato**  *Please indicate chosen filling below* |
| Cheese |  |
| Beans |  |
| Tuna Mayonnaise |  |